



DreamCricket™

Building confidence and self-esteem for
Children with special needs.

TRAINING MANUAL

2019 Volume 1




FOR FURTHER INFORMATION PLEASE CONTACT:

M: 0418 206 485

E: enquiries@dreamcricket.com.au

W: www.dreamcricket.org.au

Rotary 



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CONTACT DETAILS

c/o *DreamCricket* Australia

E: enquiries@dreamcricket.com.au

M: 0418 206 485

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FOREWARD

This Manual has been developed to assist Rotary Clubs and Districts that wish to develop *DreamCricket* within their community, to enable students in years 3 to 6 with special needs and disabilities to come together to participate in cricket based activities, each modified to the ability of the participant.

DreamCricket is a development program initiative of the Movement Disorder Foundation, the Bradman Foundation and the combined Rotary Clubs of the Southern Highlands of New South Wales.

DreamCricket has been modelled on Miracle League developed by Rotary Clubs in America to provide the opportunity for students with special needs and disabilities to develop skills in baseball. This venture is a huge success and has spread throughout the USA. This has enabled many students to participate in a sport that some thought was impossible for them. With the success of Miracle League, we too, hope that in time *DreamCricket* will become an Australia-wide activity allowing these students to participate in new physical and social skills.

This manual contains organisational details, requirements/recommendations for conducting *DreamCricket* Clinics and Gala Days, including contact details for additional assistance and advice.

We trust that your Rotary Club will see the benefits, not only for the young people but also for your organisation. The rewards of such an activity are too great to be measured. It is a life changing experience!

DreamCricket won the Rotary District 9710 Community Service Award for the best project in District 9710 for the 2010-11 Rotary year.



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THE CONCEPT

DreamCricket has been developed to provide an opportunity for primary school students in years 3-6 with special needs to experience a sporting program that promotes physical and mental stimulation and growth and empowers them to feel part of the community. The *DreamCricket* Clinics and Gala Days provide the opportunity to “Train the Trainers” to enable the program to be continued in the school environment alongside the normal sporting activities.

DreamCricket is introduced in two stages.

Stage One – Clinics:

DreamCricket Clinics are based in a school environment for the comfort of the students and because of the familiar surroundings. They involve a program of approximately one and a half hours of cricket related activities.

Each student has the opportunity to take part in every activity on a rotation system. Clinics may be conducted in several schools in an area, which provide a personal experience for the students in a familiar space. However, far more importantly, the clinic provides firsthand experience for teachers and support staff, enabling them to witness what the program entails and encourages them to support the efforts of the students.

Schools have grassed areas and/or concrete/bitumen areas which are all suitable for *DreamCricket*. However, they also have shade structures and school halls which may be used in wet weather.

Stage Two – Gala Days:

Following the staging a number of Clinic at a number of schools in one area, a Rotary Club centrally located in the district may apply to *DreamCricket* Australia to hold a *DreamCricket* Gala Day, where each school is invited to join in a Gala Day on a well-known local cricket oval.

This provides the added opportunity for the students to mix with other schools and to enjoy a day of cricket based activities and fun. The day also brings together senior school students, parents, teachers, carers, community volunteers and Rotarians all working together to provide the students with a special experience, assisting them with the various skills necessary to take part.

All the activities have been specially modified by a qualified exercise physiologist.



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THE OBJECTIVES

1. To maximize the quality of sporting experience for the primary school students with special needs in years 3-6.
2. To raise the standards of citizenship and behaviour through education, high expectations, standards of discipline and enjoyment.
3. To provide a model for schools and communities to follow by arranging similar activities in their own districts and areas.
4. To promote the qualities and benefits of exercise, socialisation, and sportsmanship.

To conduct a *DreamCricket* Gala Day without firstly conducting a series of Clinics within a district of local schools, may result in lack of attendance due to the parents, teachers and carers believing that “their children cannot play cricket”.

DreamCricket Clinics are organised by a participating Rotary Club with assistance from a number of senior students from a nearby High School. *DreamCricket* Australia arranges qualified cricket coaches to conduct the Clinics / Gala Days and provides the necessary cricket equipment.

Your local Rotary Club is the key to the success of this program.



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THE PROCESS

The first step in being involved in the *DreamCricket* concept is to arrange a *DreamCricket* Clinic. This entails a minimal financial outlay and relies on your contact with local primary schools. Once this has been agreed the following simple steps are involved.

The Rotary Club interested in conducting a *DreamCricket* Clinic should notify the secretary of *DreamCricket* Australia to register their interest (refer to Form DCA-01). The secretary will provide the interested Rotary Club with further information and assistance.

The Rotary Club will then contact one or more schools in their local area who have children with special needs. For assistance contact local disability services and invite them to participate in the program for children and others from nearby schools. The optimum number of participants for a *DreamCricket* Clinic is between 20-50 students. *DreamCricket* Australia has provided proformas for you to send to prospective schools:

- Registration Form DCA-02
- Invitation letter to School

DreamCricket Australia will provide a trained coach along with the equipment required to conduct the Clinic. The range of activities provided may include the following:

- Target Throwing
- Driving Cricket
- Crazy Catch
- Pairs Bowling
- Run Out Game
- Sticky-Wicky
- Keeper
- Table Cricket
- High & Low Tees

Variations in each activity are available and extra equipment is carried for any special requirements such as students in wheelchairs or those that have a sight impairment.

The primary involvement and aim of the local Rotary Club is to provide one volunteer for each four to five participants to assist during the clinic. No prior training or experience is required.

Running a *DreamCricket* Clinic can be physically demanding. We suggest you invite a minimum of two main stream high school students as activity managers for every ten participants. The high school students will gain a great deal from their involvement. School captains and student representative council members provide excellent leadership and enjoy the experience. The events manager is to allocate an identification vest to each volunteer on the day.

The existing school insurance policies cover the children and the Rotary Australia National Insurance Policy covers the Rotary Volunteers. You should register your event with the District Insurance Officer and also obtain a Certificate of Currency. An example Risk Assessment is enclosed.



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THE PROCESS - continued

Particular attention should be taken to address the requirements and compliance with the “Working with Children” legislation within your state.

Teachers can assist in dividing the participants into groups of 8-10 for the activities. Additional activities can be arranged depending on the number of participants. The groups rotate through the activities every 15-20 minutes.

A volunteer Rotarian should be allocated to each group of participants and will move with them from activity to activity. The event manager is to allocate an identification vest to each of the volunteers.

Schools may feel their students are unable to play cricket. By providing *DreamCricket Clinics* at their schools, teachers and students alike realise the untapped potential of the children. *DreamCricket* provides a safe atmosphere of fun, excitement and encouragement.

Any student with special needs (physical, mental, intellectual, and/ or visually / hearing impaired) that prevents them from participating in main stream sporting activities are welcome to participate in *DreamCricket* activities.

Most students have completed a photo policy at the beginning of the school year. If photos are being taken at the event this must be taken into account. This is covered on the application form. *DreamCricket* Australia suggests a coloured wrist-band or similar be given to those restricted from photos.

DreamCricket Clinics and Gala Days are good news stories for every school, community and Rotary Club. However privacy issues are involved and need to be respected. Schools should be notified if you are inviting the media or propose to use photos or the clinics in promotional items. The schools are to be informed that identification of those unable to be photographed in accordance with Clause 14 is to be observed.

A simple Risk Management Plan is provided for *DreamCricket Clinics* and it is important for each club to review the form attached and amend it to suit local requirements. A suitably qualified person should be appointed to ensure that the Club follows all basic safety procedures.

At the completion of *DreamCricket Clinic* and/or Gala Day we would appreciate the host Rotary Club completing the Report Form DCA-03 and email it to enquiries@dreamcricket.com.au along with any photos, media releases, and media reports. This information is invaluable to *DreamCricket* Australia in compiling history and information for government grants, sponsorships and/or partnerships. It is also advisable to forward a “Thank You” letter to the participating primary and high schools involved in the running of the event.

At each *DreamCricket Clinic*, Clubs should seek opportunities to promote the concept of a *DreamCricket* Gala Day as a major annual District project to all local schools and Rotary Clubs.



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CHILDREN'S HEALTH & WELLBEING

The program has an enormously powerful and positive impact on the student's psychological well-being, building their self-confidence and improving their mood. However, in addition to this overwhelming benefit are those specific benefits that come with each of the individual drills.

Each of the activities described have a number of variations in order to cater for a wide range of disabilities of the children participating. These include: replacing tennis balls with larger soccer balls or using bell balls for the visually impaired; adjusting the height tees and using static drills for those in wheelchairs; and using demonstration and simple instructions for the intellectually disabled.

Overall the *DreamCricket* program is a great initiative, promoting physical activity within a specified group of children.



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EXPRESSION OF INTEREST FORM – CLINIC / GALA DAY

Please print clearly

This form is for Rotary Clubs to register their interest in conducting a *DreamCricket* Clinic / Gala Day with *DreamCricket* Australia, ACN 603 225 556.

ROTARY CLUB: _____ **DISTRICT:** _____

CONTACT PERSON: _____

PHONE: _____ **MOBILE:** _____

EMAIL: _____

VENUE SCHOOL / OVAL: _____

ADDRESS: _____

TOWN: _____

CONTACT PERSON: _____

POSITION: _____

PHONE: _____ **MOBILE:** _____

EMAIL: _____

FURTHER DETAILS REAQUIRED:

Estimated total number of children to attend clinic/gala day: _____

Referred clinic/gala day date: _____

Preferred start time: _____

Number of participating schools: _____

For a *DreamCricket* Trained Coach to attend and conduct the Clinic/Gala Day this Form must be received by *DreamCricket* Australia.

DreamCricket Australia is a registered Company and the *DreamCricket* name and logo are registered trademarks and as such cannot be used without permission of *DreamCricket* Australia.

PLEASE RETURN COMPLETED FORM TO:

enquiries@dreamcricket.com.au

DEADLINE:

Six weeks prior to *DreamCricket* Clinic / Gala Day

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FOR FURTHER INFORMATION PLEASE CONTACT:

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SCHOOL REGISTRATION FORM – CLINIC / GALA DAY

Please print clearly

SCHOOL: _____

ADDRESS: _____

TOWN: _____ POST CODE: ____

POSTAL ADDRESS: _____

TOWN: _____ POST CODE: ____

SCHOOL PHONE: _____

SCHOOL EMAIL: _____

CONTACT TEACHER'S NAME: _____

CONTACT EMAIL: _____

CONTACT PHONE: _____

MOBILE: _____

ESTIMATED NUMBER OF STUDENTS: _____

PERMISSION FOR STUDENTS TO BE PHOTOGRAPHED: YES NO

PRINCIPAL'S NAME: _____ DATE: _____

PRINCIPAL'S SIGNATURE: _____

PLEASE RETURN COMPLETED FORM TO:

Local Rotary Club Contact
Address, Town NSW 0000

Email: xxxxxxx@xxxxxxx.com.au

Phone: (00) 0000 0000

DEADLINE:

Day, Month and Year



FOR FURTHER INFORMATION PLEASE CONTACT:

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W: www.dreamcricket.com.au





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POST CLINIC / GALA DAY REPORT

Please print clearly

DreamCricket would appreciate if the host Rotary Club could complete and return this Form within 14 days of the completion of a *DreamCricket* Clinic / Gala Day. A copy should be sent to your Rotary District *DreamCricket* Co-ordinator and *DreamCricket* Australia secretary.

REPORT COMPILED BY: _____ DATE: _____

ROTARY CLUBS: _____ DISTRICT: _____

POSTAL ADDRESS: _____

TOWN: _____ POST CODE: _____

CONTACT PERSON: _____

PHONE: _____ MOBILE: _____

EMAIL: _____

NAME & ADDRESS OF PARTICIPATING SCHOOLS:

VENUE: _____ DATE: _____

NUMBER OF PARTICIPANTS: _____

NUMBER OF SCHOOL STAFF: _____

NUMBER OF ROTARIANS: _____

NUMBER OF HIGH SCHOOL ASSISTANTS: _____

NUMBER OF PARENTS / CARERS: _____

NUMBER OF PUBLIC: _____



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POST CLINIC / GALA DAY REPORT - continued

MEDIA IN ATTENDANCE AND CONTACT DETAILS:

PLEASE FORWARD THIS FORM ALONG WITH ANY OF THE FOLLOWING:

- Photos (links or dropbox)
- Media Release
- Press Reports
- Media Coverage
- Comments / Testimonials from participants, school staff, volunteers, media, etc.
- Thank-you Notes / Cards

Your attention to this Report would be much appreciated by *DreamCricket* Australia as it assists us to provide reports to sponsors and possible funding partners. It provides a tangible history for promotion of the program and grants that we apply for.

It would also assist good relations between your Rotary Club and the Schools if you forwarded a Thank-you letter to the participating Primary and Secondary Schools; a template is provided for your assistance.

PLEASE RETURN THIS FORM TO:

enquiries@dreamcricket.com.au



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INVITATION *DreamCricket* CLINIC / GALA DAY

Your school is invited to take part in a *DreamCricket* Clinic / Gala Day designed to provide an opportunity for students in years 3 to 6 to take part in specially developed cricket related activities. Students with disabilities such as intellectual, physical, social, or sight and hearing impairments that prevent them from taking part in normal sporting activities are welcome to take part in a *DreamCricket* Clinic / Gala Day. The activities have been specifically designed to suit the students' abilities.

Clinics are conducted within the school environment with the assistance of volunteers from your local Rotary Clubs and high school students in the area. The duration of a Clinic is approximately two hours, with the children undertaking five to six cricket related activities. Local Rotary Clubs organise a Clinic in association with your school and *DreamCricket* Australia. An annual *DreamCricket* Gala Day can then be organized by your Rotary Club to bring together schools in your District or suitable area.

A trained *DreamCricket* coach and all the equipment required are brought to you by the organisers. The school is required to provide a suitable outdoor playing area and in case of inclement weather, a covered play area where the *DreamCricket* Clinic / Gala Day can be conducted.

DreamCricket Clinic / Gala Days have been conducted in many schools with great success and acceptance. At first people may think "their children could not play cricket". However, having taken part in a *DreamCricket* Clinic / Gala Day people quickly realise that their students can achieve great things by the excitement and joy they express.

Attached is a *DreamCricket* Clinic / Gala Day Registration Form for completion by your school. Please return the form to the following Rotary Club:

ROTARY CLUB

ADDRESS

TOWN, NSW, POST CODE

We look forward to your school participating in this special activity that will provide the students with a wonderful experience.

**For further information regarding *DreamCricket*
please have a look at our website:**

www.dreamcricket.com.au



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PARTICIPANT REGISTRATION FORM – CLINIC / GALA DAY

To be completed by Parent/Guardian of student participant. Please print clearly

PARTICIPANT:

SURNAME: _____ GIVEN NAME: _____

DATE OF BIRTH: _____ NAME OF SCHOOL: _____

ADULT ACCOMPANYING CHILD: _____

PARENT/GUARDIAN:

SURNAME: _____ GIVEN NAME: _____

ADDRESS: _____

TOWN: _____ POST CODE: _____

PHONE: _____ MOBILE: _____

EMAIL: _____

PERMISSION TO ATTEND:

I give permission for my child to participate in the *DreamCricket* Clinic/Gala

Day on _____ at _____

PHOTOGRAPH PERMISSION: I give permission for my child to be included in photographs on the
aforementioned *DreamCricket* Clinic/Gala Day. (please circle) YES NO

SIGNATURE OF PARENT/GUARDIAN:

PLEASE RETURN COMPLETED FORM TO:

Your local school

DEADLINE:

Day Month Year

Risk Warning

Dream Cricket Australia wishes to warn all persons who engage in Dream Cricket that the pursuit of such activities may result in harm or injury. All persons who engage in such activities do so at their own risk."

"Further, by participating you agree to indemnify Dream Cricket Australia and Rotary; their officers and employees, agents and volunteers against all claims."



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LETTER OF APPRECIATION *DreamCricket* CLINIC / GALA DAY

Office Use: Received:

Advised:

DATE

PRINCIPAL
SCHOOL
ADDRESS

Dear PRINCIPAL

On behalf of *DreamCricket* Australia and the Rotary Club of CLUB NAME we wish to thank-you for participating in the *DreamCricket* Clinic / Gala Day on DATE.

We appreciate the opportunity of being able to bring the *DreamCricket* concept to the children of your school, to encourage them to be involved in sport and give them the chance to focus on your abilities.

We hope the children have gained from the experience and in the realization that they are able to take part in a sporting activity. The activities have been developed to enable the children with different skills to take part and to assist them to build their social skills and to strengthen them physically.

The Rotary Club will continue to run *DreamCricket* Clinics / Gala days in your area and will keep you informed regarding any future events.

Once again thank-you and your staff for being involved with *DreamCricket* Clinic/Gala Day and we look forward to your future participation.

Kind regards

ROTARY CLUB
ADDRESS
TOWN, NSW, POST CODE

For further information regarding *DreamCricket*
please have a look at our website:
www.dreamcricket.com.au



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RISK ASSESSMENT

EVENT NAME: _____

EVENT DATE: _____

EVENT VENUE: _____

COMPLETED BY: _____

DATE: _____

ACTIVITY/HAZARD	WHO	CONTROLS	ACTIONS	BY WHOM?	BY WHEN?	DONE
Travel by road to and from venue.	Rotary members and volunteer workers nominated by the organising Rotary Club and/or Dream Cricket Day Committee.	All drivers to hold current driver's license and practice good driving e.g. 15 minute break every two hours.	Confirm validity of driving license. Request drivers take care.	Event organiser or their nominated deputy and officer of <i>DreamCricket</i> committee as appropriate.	Before driving to event.	
Setting up and disassembling game activities /manual handling.	As above.	Use of lightweight equipment, no heavy lifting required. Established set up procedure.	Ensure use of controlled game set up procedure.		At the event.	
Managing games and any associated activity (e.g. catering)	As above, plus employees and volunteers from schools involved in the event.	Close supervision of all activities and every child on a one to four/five basis. Use of lightweight plastic games equipment.	Monitor level of supervision at all times during the event.	Event organiser or their nominated deputy.	Before and during the event.	
Photography	All people attending the event.	Written approval by parents/carers for each participant	Advise all people attending the event	As above	Before and during	

DreamCricket Risk Assessments to be reviewed after each event.

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PLEASE RETURN COMPLETED FORM TO:
enquiries@dreamcricket.com.au



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AND Each participating school

Prior to running a *DreamCricket* Gala Day you will need to run several *DreamCricket* Clinics to ensure enough students for a Gala Day.

Running a *DreamCricket* Clinic in an individual school:

1. Support is required from local Rotarians. Fill in and send registration form to enquiries@dreamcricket.com.au. This will ensure the *DreamCricket* Regional Coordinator is booked for your clinic.
2. Form a committee which ideally will come from local Rotary Clubs.
3. Establish a personal contact within schools that have special education units. Send registration form to schools.
4. Invite local high school students to be activity managers at the clinic.
5. Enjoy the clinic!
6. Evaluate the success of the *DreamCricket* Clinic by filling in a report and return it to enquiries@dreamcricket.com.au.

Running a *DreamCricket* Gala Day with multiple schools:

1. Fill in and send registration form to enquiries@dreamcricket.com.au. This will ensure the *DreamCricket* Program Coordinator is booked to conduct your Gala Day.
2. Send *DreamCricket* Gala Day registration form to schools at least 2 weeks before the scheduled day.
3. Invite local high school students to be activity managers.
4. Send a media release to all local media.
5. Appoint a local photographer.
6. Invite local dignitaries, school principals, parents and carers to attend the day and the presentation at the end of the day.
7. Seek sponsorship from local businesses including registered clubs to support the day.
8. Provide morning tea and lunch for all invited guests and volunteers.
9. Enjoy the day!
10. Evaluate the success of the *DreamCricket* Gala Day by filling in a report and return it to enquiries@dreamcricket.com.au.

Note: *DreamCricket* and the *DreamCricket* Logo are registered trademarks and therefore cannot be used without the written approval of *DreamCricket* Australia. Approval will only be given following receipt and acceptance of the Expression of Interest Form DCA-01.

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